

Rule of Five Wilderness Company & West 38 Moto 5-Day Ride-Out Lite Training Tour



RULE OF FIVE
WILDERNESS COMPANY
ANCIENT STRATEGIES, MODERN CONNECTIONS

WWW.RULEOF5.ORG • 505-469-9888

Trips & Trainings unlike any other



WEST 38 MOTO
Ride and Discover

Photo: Chad Keffer

WELCOME TO THE RULE OF FIVE WILDERNESS COMPANY

"A SURVIVAL SCHOOL THAT DOESN'T REQUIRE ROUGHING IT"

OUTSIDE ONLINE

Hello Adventurer!

We would like to be the first to welcome you to trips and trainings unlike any other in North America!

The Rule of Five incorporates time tested skills and honors the belief that always training is important to our growth, our community and our experience. To train is to remain relevant and on top of your game.

We are a learning adventure experience. While we believe in training we also believe in comfort while learning, training and adventuring. Enjoy our private accommodations and chef-prepared meals so you can focus on building new friendships, new skills and awareness of what your trip has to offer.

We wish you the best possible experience the wilderness can provide. Here's to you and your next adventure!

Heather and Matt



WELCOME TO THE RULE OF FIVE WILDERNESS COMPANY

Where the ancient and modern co-mingle, teaching the time honored tradition of wilderness self-reliant skills. Rule of Five Wilderness Company invites you to reinvent what adventure learning looks like. No, This is not some muddy, wear you out, eat weird stuff wilderness challenge -- It's an escape to the great outdoors.

WHY RULE OF FIVE?

Authenticity: Our team has diverse backgrounds and travel experiences that directly offer Rule of Five participants real world experiences and connections. Ro5 staff is hired for their expertise in specialized areas of wilderness skills, bringing balance to the curriculum taught. Staff is hired for hands-on field time with proven skills. Few companies can match this level of skill.

Quality: From initial booking, to front office, to the introductory dinner, and field trainings, Rule of Five participants experience the highest-quality service. With low participant to staff ratio, the experience is intimate. We know wilderness, period. The skills, gear, and education associated with Rule of Five are the very best and may one day save your life. Because of this, participants can trust what is taught.

Integrity: We regard our instruction, locations, training and staff as one of our most valuable assets -- demanding only the highest standards from ourselves. We are one of the most comprehensive, well-rounded training organizations to be found in the wilderness setting.

WHAT IS INCLUDED?

- Accommodations
- All Meals
- Ro5 Kit
- All fieldwork, lectures and training

WHAT IS NOT INCLUDED?

- Flights and other means of transportation
- Travel Insurance
- Bike & Gas
- Tips & Gratuity



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COURSE OVERVIEW:

This overview of a typical Rule of Five Ride-Out Lite trip itinerary provides insight and awareness with what you can expect from the Rule of Five Wilderness Company. However, every trip is different depending upon the weather and unexpected environmental situations, so this is just a guide!

Friday Pre-Trip Arrival:

- Arrive in Santa Fe, NM between 3:00 – 5:00 PM
- Check into our hotel stretch your legs and settle in
- 6 PM we head to dinner at one of Santa Fe's unique restaurant
- We eat and give the low down of the week, specifically the next two days

Saturday, Day 1:

- Breakfast and pack bike with all your gear/luggage
- Kickstands up by 8:00 AM
- Goal is to be at the training no later than 9 AM
- Introduce the motorcycle training grounds
- Clinics on bike set up, ergonomics, the A,B,C's of packing, hard and soft Panniers
- Pack personal bike and out to the field for rider skills
- Rider skills with loaded bikes for the day
- Back to Santa Fe hotel for dinner





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Sunday, Day 2

- Breakfast, check out of hotel, pack bike
- Kickstands up by 8:00 AM
- Arrive at the training ground by 9 AM
- Rider skills with loaded bikes for ½ day
- In the Afternoon ride North to the Wilderness Training Center and Camp
- Stretch your legs and quench your thirst we'll give you the low down and tour of the camp and settle into your own Safari Tent for the next two nights.
- We eat a hearty dinner over a fire started by a fire-by-friction demonstration and fire side discussion.

Monday, Day 3

- Breakfast 7:00 to 8:00 AM; wilderness self-reliant training begins at 8:30 AM
- Introduce the aspects of the Ro5 motorcycle kit
- Knife use, skills and safety, we need everyone to keep their fingers
- Fire, why it so important, life saving and fire starting methods
- Shelter; modern, emergency, and primitive
- Water disinfection and filtration, making it safe to drink
- Thermoregulation and how to prevent hypothermia and hyperthermia
- What if you loose you knife? Learn the physics of breaking rock for a sharp edge
- Core Concepts – Elevation and why the weather changes
- What happens when you don't have a pack to hike out with? We'll show you how to build a simple quick pack from to carry the necessary things
- Dinner at 6:00 PM with fireside evening and follow-up of skills covered





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Tuesday, Day 4

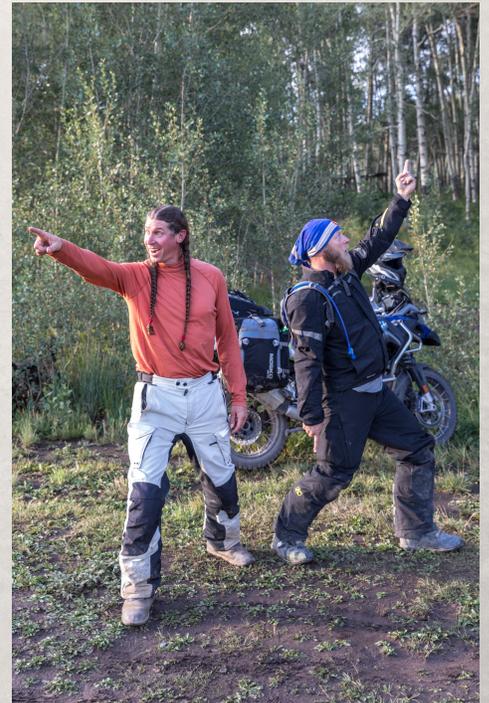
- Breakfast 7:30 to 8:30 AM; Pack and make ready for our two day backcountry overnight northern New Mexico tour. A great mix of dirt and pavement, we won't share too much with you as there is always an element of surprise. The more you can train for the unexpected, the better prepared you'll be

Wednesday, Day 5

- Break camp and incorporate a leave-no-trace approach
- After a days ride we'll have a celebratory evening meal at a local restaurant.
- After our bellies are full and we've reminisced about our time, bon voyage is in order and were each reluctantly on our way.

PLEASE NOTE: You'll need to arrange your evening lodging after dinner on day 5.

PLEASE NOTE: ALL ACTIVITIES ARE WEATHER DEPENDENT.





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HEALTH AND FITNESS

Whether your idea of exertion is an ultra-marathon or a 10k charity walk, we can cater a trip to your fitness level—and challenge it, though at the end of the day, we're mostly challenging your mind. You should, however, be reasonably physically fit, have a healthy stamina, and not be afraid to get your hands (and then some!) dirty.

Any question about health and fitness? Give us a ring and we'll talk about it! 505-469-9888

GEAR LIST:

Below we have provided a recommended list of clothing and gear for you to bring on your Rule of Five / West 38 Moto adventure. Please modify this list to fit your needs. You know the clothes and gear you need for a given time period, so plan accordingly for the number of days in the field. Think multi-use, multi-day, efficient, space saving and carrying capacity.

As a side note, the first two nights are in a hotel (Fri & Sat), the second two nights (Sun & Mon) are at the Ro5 Training Center and the fifth night (Tue) is backcountry camping. Please pack enough to be comfortable but don't bring the kitchen sink. We supply the whole kitchen!

Clothing:

- o Sun-hat / wool-hat / bandanas
- o T-shirts / long-sleeve shirts / sweater
- o Down coat or similar: Even though it's summer, storms can move in quickly and temperatures can decrease by 15 - 30 degrees in a matter of minutes. Nights can also be chilly.
- o Shorts / pants
- o Personal base layers
- o Socks
- o Rain jacket / poncho

Sleeping:

- o Sleeping bag: We would recommend one that has a rating of 20-30 degrees.
- o Therm-a-Rest or similar sleeping pad
- o Flashlight or head lamp / extra batteries
- o Night clothing
- o Socks

Footwear:

- o Trail sneakers or Sandals and flip flops for showers



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Outdoor Essentials:

- o Small first aid kit: 6 Band-Aids, small role first aid tape, 2- 2x2 gauze pads, 2- 4x4 gauze pads, and triple antibiotic ointment.
- o Water containers to equal a full gallon in total storage: Camelback, 1qt water bottles, MSR dromedary, etc.
- o Tent: (optional) If you don't own a tent and don't want to invest until you learn more about shelter, we will have extras to use.
- o Stove: (optional) If you don't own a stove we have stoves to use.
- o Camp chair
- o Eating utensils: For the backcountry camping night.
- o Tools for your bike: Bring them if you have them, if not we have you covered.
- o Sun-screen

Personal items:

- o Glasses, contacts, contact lens solution, medication(s), hygiene products and bath towel, etc.
- o Notebook and pen / pencil
- o Book / magazine: Chances are you won't have time, but just incase.
- o Camera, GPS, phone, etc.
- o Any special snacks you can't do without. (non-refrigerated)

Adventure Motorcycle: (mandatory)

- o Full face helmet, goggles and/or sunglasses
- o Jacket with armor (shoulders, elbows and back)
- o Pants with armor (hips, knees and shin)
- o Adventure boots (mid-shin)
- o Gloves
- o Motorcycle with appropriate tires for dirt (50/50 or knobbies)
- o Motorcycle luggage / panniers: This houses all your stuff to get from point A to B.

A note on electronics:

Please note, the Rule of Five Training Center is remote with no service towers within range. Feel free to bring your cell phones and tablets for you're outside communications when service is available.

Please note: All activities are weather dependent and may be affected by other factors beyond our control. The course schedule and content may be rearranged or amended at short notice and cannot be guaranteed.



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ABOUT MATT BRUMMETT

FOUNDER, CO-OWNER OF RO5 AND LEAD WILDERNESS INSTRUCTOR & GUIDE

Matt has a long-time passion for teaching others about ancient living and survival techniques. With a small team of fellow experts, he and the Rule of Five Wilderness Company go beyond typical wilderness preparedness to give you the skill set to survive in the wild, while also fostering a new understanding and appreciation for exploring and experiencing the world in ancient ways.

Matt has been teaching wilderness skills in both ancestral living and modern survival for over two decades. He has logged more than 2,500 field days within backcountry settings in diverse ecosystems, including coastal North America, Alaska, Minnesota, Colorado, New Mexico, Arizona, Scotland, Ireland, Switzerland and Newfoundland.

His formal education in nature-based wilderness survival skills includes time at the Audubon Expedition Institute and learning from Tom Brown of the Tracker School at Pine Barrens of New Jersey. Prescott College is where he earned his Bachelor's degree in Outdoor Experiential Education and Holistic Healing. While living in Prescott, Arizona Matt also studied under survival instructor, Cody Lundin, who is the founder of the Aboriginal Living Skills School.

ABOUT DUSTY WESSELS

ADVENTURE MOTORCYCLE OFF-ROAD INSTRUCTOR & GUIDE

Dusty Wessels co-founded West 38 Moto after logging over 200,000 miles on a wide array of big-bike Dual Sport and Adventure motorcycles over the last 10 years. As lead instructor and program developer, Dusty not only offers participants essential training, but experiences that go well beyond the typical paths well traveled.

West 38 Moto offers participants everything from foundational riding skills to ultra-advanced riding techniques. All this training is only amplified by Dusty's infectious personality and energetic spirit. More important to Dusty than just riding is...riding with others. So engaging in end of day fireside chats are to be expected.

After serving in the Navy and a marketing and sales career in the adventure sport industry, Dusty re-discovered his passion for adventure by motorcycle. With numerous BDRs under his belt, thousands of hours and miles riding, camping, training, and exploring, he has found a natural fit in the adventure touring industry.



THE RULE OF FIVE

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BOOKINGS & INQUIRIES

EMAIL: support@ruleof5.org

PHONE: 505-469-9888

WEBSITE: RULEOF5.ORG

PLEASE NOTE:

Rule of Five Wilderness Company reserves the right to amend dates of courses or cancel courses if our minimum attendance numbers are not met.

Participants should check that adequate travel insurance covers them for cancellations of any flights that may have been booked. It is the client's responsibility to provide accurate and true information to the company. Proof of identity and age will be required, before the client may join the course.

In the event of any of the information supplied by the client proving to be incorrect or untrue and preventing the client to join the course, the full amount paid by the client will be retained to cover administration costs and there will be no refund due to the client.

DEPOSIT/CANCELLATION & REFUND POLICY

Participant's enrollment and involvement in the Course is contingent on payment in full of all applicable fees as specified by Rule of Five. To maintain the quality of hands-on instruction, each Rule of Five course enrolls a limited number of participants. When individuals cancel near the beginning of the course date, it prevents other potential participants from enrolling. In addition, while "invisible" to the participant, much time and money is spent preparing for participants to attend courses. Rule of Five's cancellation and refund policy reflects the fact that it's impossible to recover these upfront costs and Participant acknowledges and agrees that the cancellation and refund policy specified below reflects a fair and reasonable estimate of the actual damages that Rule of Five will incur, and that the actual damages are impossible to calculate at the time of this Agreement. The fees, cancellation, and refund policy is as follows:

- If Participant signs up for the Course at least 45 days prior to the Course, then a non-refundable deposit (the "Deposit") in the amount of 50% of the full Course Fee is due at the time of sign-up.
- The balance of the full Course Fee for the Course is due 45 days prior to the Course (and is due upon sign up if Participant signs up for the Course 45 days or fewer prior to the Course).

Join us in beautiful New Mexico



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